



# MARY BALL

## BULLETIN



### From the Regent

Ladies,

It's the most sparkling time of year! In the midst of this holiday season, I am so thankful that Mary Ball Chapter is remembering active-duty military families, veterans and kids for whom life is not easy and sometimes cheerless. Your chapter DAR Service for Veterans, DAR Project Patriot, Literacy, and Service to America Committees have been busy all fall spreading cheer and sparkle to veterans, active-duty military, kids and families.

In addition to already supporting Santa's Castle on JBLM with many bags of toys, cleaning graves at Woodbine, and donating 90 Halloween Goody Bags to Orting Soldiers Home, we recently delivered \$250 in Safeway gift cards, boxes of books, toys and games to the Bethel School District "Stuff the Bus." At the December 10 chapter meeting, we will be assembling Cheer Boxes for the 35 formerly homeless residents in tiny homes at the Orting Veteran Village. Soon I will be purchasing \$300 in Veteran Service Canteen Coupons for residents of American Lake VA. On December 17, many of us will be attending the Wreaths Across America Ceremony at 9 am at Camp Lewis Cemetery on JBLM...we will be carpooling for those who need access to post. Thank you, ladies, for supporting these wonderful projects! And many others that you have done that I may not know about.

If you would like to help with one of the committees, contact me or the committee chair listed in our chapter yearbook. We would **love** to get some new participants involved in the planning and execution of our chapter activities.

Please do not forget to log your volunteer hours online [here](#) in the Members' Section of the DAR website. If you have any questions, Service to America chair Ann Crawford will be glad to help you at [arjcrowf@hotmail.com](mailto:arjcrowf@hotmail.com).

Wishing You a Holiday Season Filled with Joy and Friendship!

*Maureen*

### Your Chapter Board

Regent – Maureen Vanek  
 1<sup>st</sup> Vice Regent – Melanie de Leon  
 2<sup>nd</sup> Vice Regent – Renee Crist  
 Chaplain – Tami Reynolds  
 Corresponding Secretary – Angie Condon  
 Recording Secretary – Kay Southwell  
 Treasurer – Jean Meier  
 Registrar – Melonie Liening  
 Historian – Sarah Burd  
 Librarian – Kay McArthur

Website: [www.maryballdar.com](http://www.maryballdar.com)

Facebook group:

[www.facebook.com/groups/maryballchapterdar](https://www.facebook.com/groups/maryballchapterdar)

Please contact Renee Crist for website login info at: [rencrist@gmail.com](mailto:rencrist@gmail.com)

### Upcoming events:

12/10 - Chapter meeting 10:30  
 12/17 - Wreaths Across America ceremony, JBLM, 9:00 am  
 1/20 & 21 - WSSDAR Board of Management, SeaTac Marriott  
 2/20 - George Washington Wreath Laying Ceremony, UW, Seattle

## Chapter Meeting Information

**Time and Place**

10:30 am  
 December 10, 2022  
 Tacoma Elks Club  
 2013 S Cedar Street  
 Tacoma, WA

**Program**

Fashion through the Years  
 Speaker – Pam Gassman  
 Come dressed in colonial attire or in clothes from  
 your favorite fashion era!

## Ways &amp; Means Basket

**HOME FOR THE HOLIDAYS**

Contents include: two Holiday mugs, assorted hot cocoa, hot apple cider mix, mulling spice packet, Bischoff biscuits, crunch 'n munch, Santa ornament, holiday spatula and cookie cutter, hot cocoa "bomb," bitty bottle of Baileys, holiday napkins, super soft holiday throw blanket, ten hand-made Christmas cards with stamps, darling little gnome, Paperwhite Ziva bulbs, adorable gnome pillow and a jigsaw puzzle. Everything you need for an evening of holiday fun!

[Sponsored by Kris Thies & Melanie de Leon](#)



HAPPY  
 BIRTHDAY

**It's time to celebrate our December Birthdays!**

**Wishing you the happiest of days!** Erika Arnberg, Pamela Coleman, Angela Condon, Renee Crist, Shannon Faria, Janet Feliciano, Rebecca Ferree, Hannah Gassman, Patti Hammond, Elizabeth Hoffman, Kathryn Mitchell, Annamarie Moore, Anne Pecunia, Mary Quinlan, Merritt Riley, Brittany Splinter, Robin Taylor, Richelle Tilzer, Ashlee Todd and Robin Tuttle

*"The only person you are destined to become is the person you decide to be."*

Ralph Waldo Emerson

## Get to know Chaplain Tami Reynolds

I was born in May 1960 in Swedish Hospital, Seattle WA. My parents are Melvin Lashe and Evelyn Abigail (Matthews) Reynolds. I have a sister and a brother. My three children are Shawna (wife of Travis Sauer), Nathan (wife Jessica) and Lauren. My grandchildren by Shawna and Travis Sauer are Eric, Wyatt, McKenzie and Connor.

I was raised in Skyway and Burien and attended St. Bernadette's School in Burien. My first job was at Farrell's Ice Cream Parlor in Southcenter Mall as a cook, then I



worked at Seafirst Bank (Bank of America) for 10 years as a Teller and Personal Banker. My last job was with the Seattle Police Department for 20 years, 5 years in patrol in the South Precinct, first watch (0200hrs - 1200hrs) and in the Community Police Team, and 15 years in the Vice unit. In Vice I worked Street Vice and General Investigations, with my final assignment being in the Organized Crime Task Force.



Patrol was all done in the South Precinct, first watch, which was from 2AM to Noon, then on the Community Police Team. Street Vice was an undercover assignment where I would pose as a prostitute (decoy) and make arrests of men patronizing prostitutes. I met my current husband while working as a decoy prostitute for the

Anti-Crime Team (not Vice). His partner approached me and we gathered enough evidence to arrest each other. I gave the signal to arrest his partner, and his partner gave the signal to arrest me. Tom (my husband) pulled up in a bright blue undercover vehicle, a Pontiac Firebird, to arrest me. I immediately recognized what was happening and gave the "King's X", or "Stop" signal. We officially met when I transferred into the Vice Unit a short time later. We have been married 23 years.



Kay McArthur was the secretary for the Vice Unit. She was involved in doing her family's research and we began to talk about it. Once retired, I needed to satisfy the detective in me, so I began doing genealogy. Kay and I both found that we had Revolutionary War ancestors and began working with Bev Bills in completing our applications. We were verified and officially joined the Mary Ball Chapter in 2009. I continued doing research and found that I have about 30 patriots, 20 are verified and 10 are in various stages of the process.

**Why did Tami join the DAR?** The things I find most enjoyable about DAR are the comradery, the service to the community and recognition of our veterans.

**What is her passion within the DAR mission?** I am really enjoying working with Meeker Mansion and the Puyallup Valley Historical Society in documenting the Meeker family and its branches. I have really enjoyed being the Mary Ball chaplain for the last 2 years and look forward to finishing out the next 2 years.

**Her preferences:** I don't have a favorite food, I enjoy anything that doesn't burn, either with heat or spice, when you eat it. I do enjoy baking. Prefer dogs over cats and have a Bichon Poo named Max.

**Five fabulous facts about her:**

- I have a fear of flying and the fact that my youngest is going to school in Florida to be a pilot is nerve wracking.
- My son almost died a few years ago of a failed surgery because of Crohn's disease.
- I picked my oldest daughter's husband for her.
- I go overboard at Christmas.
- My 10x great grandmother was Mary Dyer who was hung for her religious beliefs and a statue of her is in Boston Commons.



## Committee Corner

### American Indians

**Committee Chair** – Melanie de Leon, [melcdeleon@yahoo.com](mailto:melcdeleon@yahoo.com)

### The Iroquois and Founding of the U.S. Constitution

When the Founders met in 1787 to create the U.S. Constitution, there were no contemporary democracies in Europe from which they could draw inspiration. The only forms of government they had encountered were those of the Native American tribes. Of particular interest was the Iroquois Confederacy, who had already formed a multi-state government that ensures individual governance and freedoms. The structure of the Confederacy represented five tribes: Mohawk, Onondaga, Cayuga, Oneida and Seneca and was federal in nature, operating under The Great Law of Peace, a doctrine of 117 codicils where individual tribes handled their own affairs but came together to solve issues of common importance. The founders were impressed by how the Iroquois legislated their affairs and shortly thereafter, they drafted the U.S. Constitution echoing the Great Law of Peace. Historians agree the Iroquois wielded a major influence in the writings of the U.S. Constitution.

Before the Congressional Congress, leaders of the Confederacy attended the Albany Congress in 1754, where Benjamin Franklin was impressed by the Great Law of Peace and wrote what's known as **the** Albany Plan of Union. In 1776, during the drafting of the Declaration of Independence, the Continental Congress in Philadelphia invited the Iroquois to make an address, where they were well received by the patriots.

In 1988, Congress passed a [resolution](#) formally acknowledging the influence of the Iroquois Confederacy on the U.S. Constitution. It reads, "The confederation of the original 13 colonies into one republic was influenced by the political system developed by the Iroquois Confederacy, as were many of the democratic principles incorporated into the constitution itself." In addition, the resolution stated, "the continuing government-to-government relationship between Indian tribes and the United States established in the Constitution," which reaffirmed the legitimacy and sovereignty of Native nations and their governments.

Source: *Native America Today*

### Constitution Week Committee

**Committee Chair** – Renee Crist, [rencristdar@gmail.com](mailto:rencristdar@gmail.com)

### Jeannette Rankin and the Constitution

In November 1916, four years before the Nineteenth Amendment guaranteed the right of women to vote, Jeannette Rankin of Montana became the first woman elected to the United States Congress, and the first woman elected to a national legislature in any western democracy. But how could she have been elected to Congress before the Nineteenth Amendment (women's suffrage) was adopted?

The Constitution did not specifically prohibit women from voting or serving in public office, leaving that for the states to decide for their own. Several western states adopted women's suffrage in advance of the Nineteenth Constitutional Amendment that was ratified in 1920. Jeannette Rankin had been a leader in the movement to gain women's right to vote in Montana, which was successfully ratified by the state in 1914, and in 1916 she was elected to Congress.



The Nineteenth Amendment states, "The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any state on account of sex," thus prohibiting the states from barring women from voting.

### **Conservation Committee**

**Committee Chair** - Lynne Stallcop, [stallcoplynn@outlook.com](mailto:stallcoplynn@outlook.com)

### **Water Conservation in your Home**

Water conservation is important all the time, not just during a drought. Here are some tips for saving water in your home.

- Watch out for leaks or leaky fixtures. A one-drop-per-minute leak can waste over 50 gallons of water a year. Many of the causes can be easily fixed. If some simple repairs don't correct the problem, consult a plumber.
- Replace your old toilet with a new low-flush toilet. The older models use three to seven gallons of water per flush, while the new ones only use 1-1/2 gallons.
- Install flow restrictors on your faucets. Each one can save you up to 5000 gallons every year.
- Shorten your shower time. If you have an older showerhead, five minutes less in the shower can save you 20 gallons of water.
- Turn off the tap while shaving or brushing your teeth
- Make sure your dishwasher is fully loaded before you run it.
- Wash only full loads of laundry or use the appropriate water level. And wash in cold water when possible.

Sources: The United States EPA; Firgrove Mutual Water Inc.

### **The Flag of the United States of America Committee**

**Committee Chair** – Melonie Liening, [rmliening@gmail.com](mailto:rmliening@gmail.com)

### **Rules for Saluting US Flag**

What is the proper thing to do when the flag is passing in a parade or during the playing of the national anthem? Should you stand or salute? Are women required to remove their hats? Can you salute if you're not in uniform?

During the ceremony of hoisting or lowering the flag or when the flag is passing in a parade or in review, all persons present in uniform should render the military salute. Members of the Armed Forces and veterans who are present but not in uniform may render the military salute. All other persons present should face the flag and stand at attention with their right hand over the heart, or if applicable, remove their headdress with their right hand and hold it at the left shoulder, the hand being over the heart. Citizens of other countries present



should stand at attention. All such conduct toward the flag in a moving column should be rendered at the moment the flag passes.

**Conduct During the National Anthem**

Individuals in uniform should give the military salute at the first note of the anthem and maintain that position until the last note; members of the Armed Forces and veterans who are present but not in uniform may render the military salute in the manner provided for individuals in uniform.

All other persons present should face the flag and stand at attention with their right hand over the heart, and men not in uniform, if applicable, should remove their headdress with their right hand and hold it at the left shoulder, the hand being over the heart.

When the flag is not displayed, all present should face toward the music and act in the same manner they would if the flag were displayed.



Renee Crist, Sue Nelson, Melanie de Leon, Pam Gassman, Amanda Romero, Melonie Leining and Maureen Vanek

Veteran’s Day Parade  
Auburn, WA



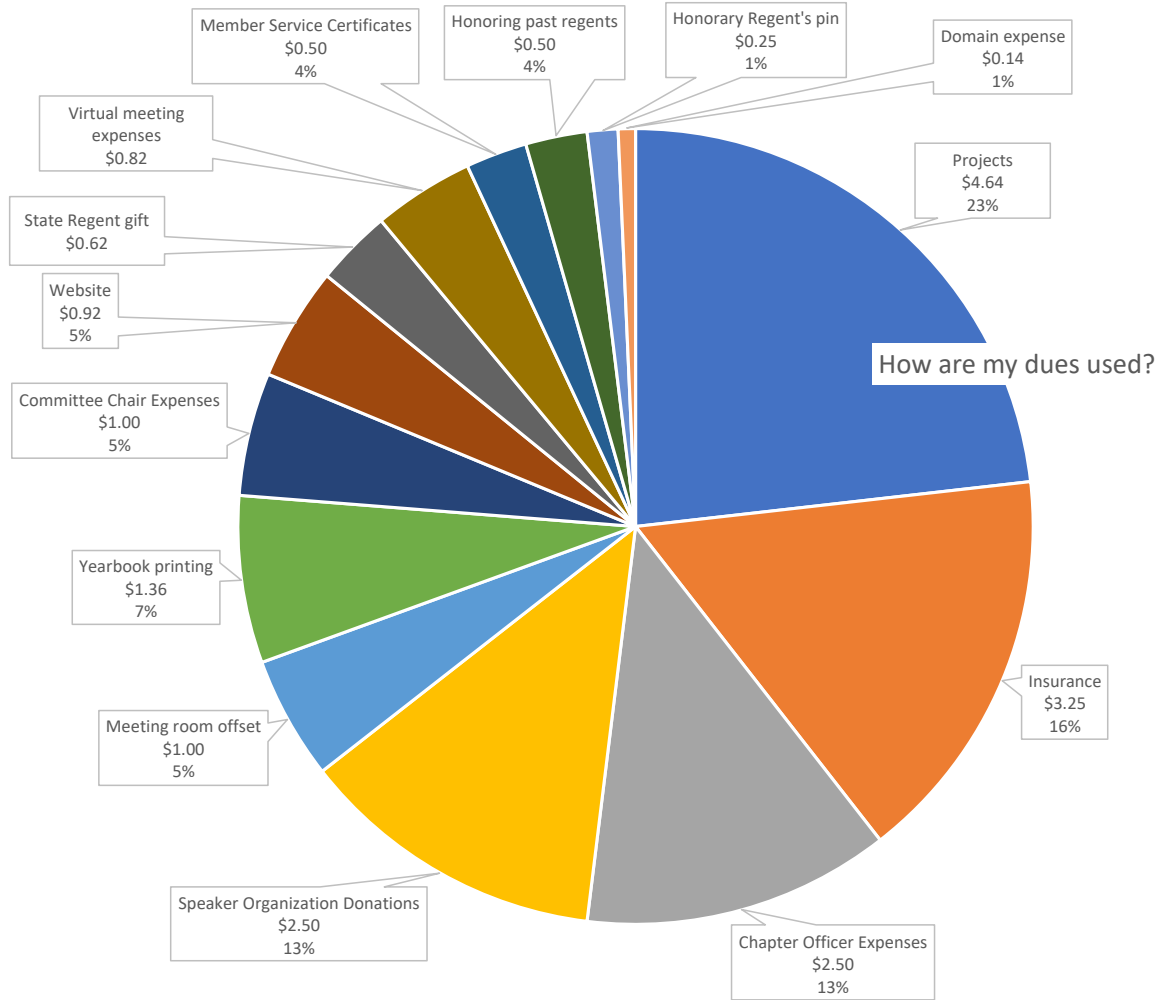
Fife and Drum Corps



Stuff the bus  
Bethel  
School  
District



Jean Meier, Peggy Borgatti and Maureen Vanek with Stuff the Bus staff



**Expense**

- Projects
- Insurance
- Chapter Officer Expenses
- Speaker Organization Donations
- Meeting room offset
- Yearbook printing
- Committee Chair Expenses
- Website
- State Regent gift
- Virtual meeting expenses
- Member Service Certificates
- Honoring past regents
- Honorary Regent's pin
- Domain expense

**Total Budget Amount**

- \$928 available
- Based on budgeted amount of \$650
- Based on budgeted amount of \$500
- Based on budgeted amount of \$500
- Based on budgeted amount of \$200
- Based on budgeted amount of \$275
- Based on budgeted amount of \$200
- Based on budgeted amount of \$185
- Based on annual amount of \$125 (\$250 a biennium)
- Based on budgeted amount of \$165
- Based on budgeted amount of \$100
- Based on budgeted amount of \$100
- Based on annual amount of \$55 (\$110 a biennium)
- Based on budgeted amount of \$30

Amounts based on dues of \$20 per person, Chapter operating expenses as delineated above and an estimate of 200 members.

◀ November		December 2022					January ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1	2	3	
4	5	6	7	8	9	10 10:30 am – Chapter meeting, Elks Club	
11	12	13	14	15	16	17 9 am – Wreaths Across America, JBLM	
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	